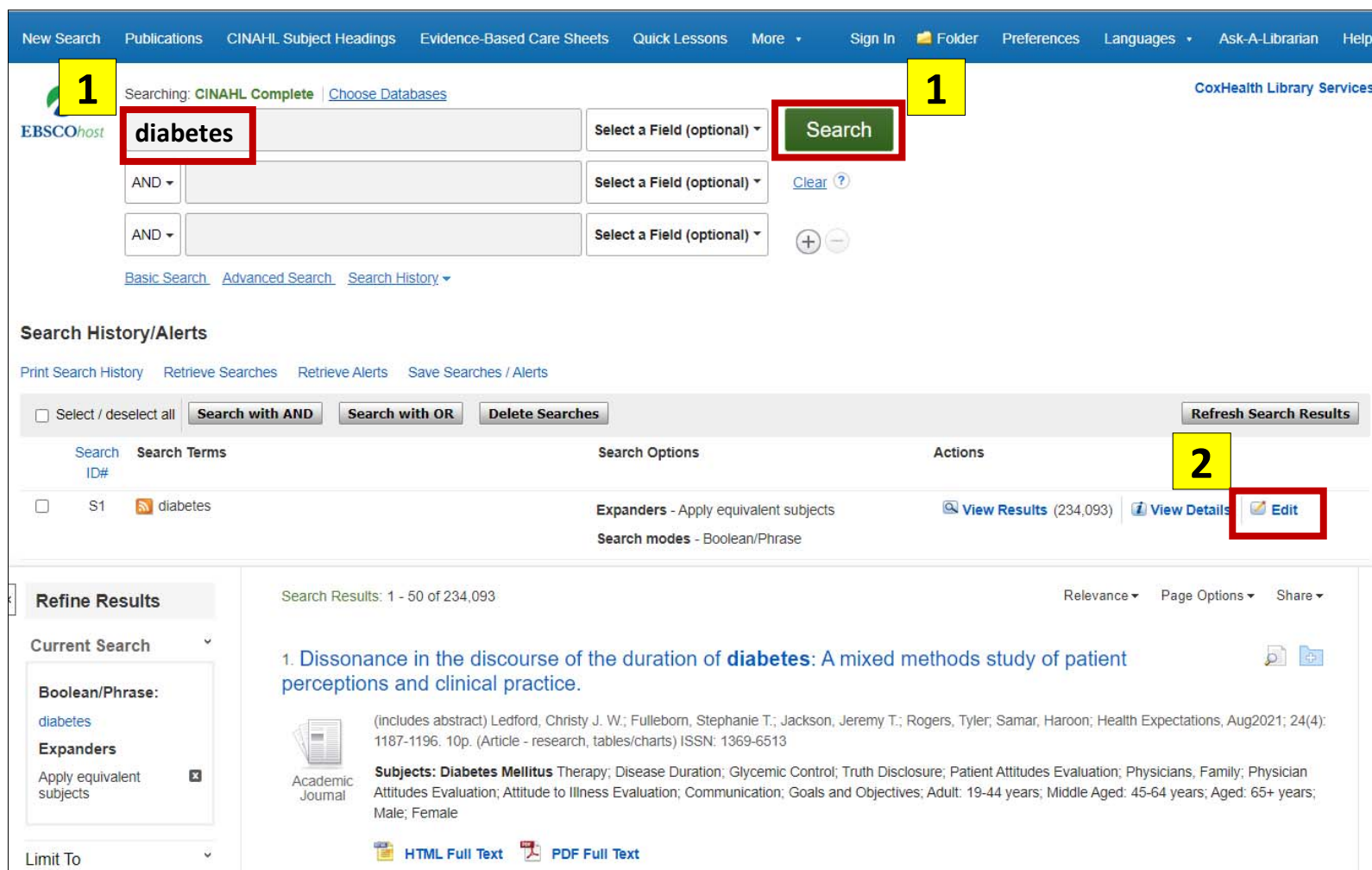


Limiting a CINAHL Search to Retrieve Evidence Based Articles

Following these steps will help with limiting your search to retrieve evidence based articles when searching EBSCO CINAHL. Please contact the library services for additional assistance.

Step 1: After accessing CINAHL, enter search terms and click *Search*.

Step 2: After retrieving search results, click *Edit*. This will open the *Search Limits* menu.



The screenshot displays the EBSCO CINAHL search interface. At the top, a navigation bar includes links for 'New Search', 'Publications', 'CINAHL Subject Headings', 'Evidence-Based Care Sheets', 'Quick Lessons', 'More', 'Sign In', 'Folder', 'Preferences', 'Languages', 'Ask-A-Librarian', and 'Help'. The main search area features a search bar with the text 'diabetes' entered, highlighted with a red box. A yellow box with the number '1' is placed above the search bar. To the right of the search bar is a green 'Search' button, also highlighted with a red box and a yellow box with the number '1'. Below the search bar are two rows of 'AND' operators and 'Select a Field (optional)' dropdown menus. A 'Clear' button is located to the right of the second dropdown. Below the search area are links for 'Basic Search', 'Advanced Search', and 'Search History'. The 'Search History/Alerts' section includes a table with columns for 'Search ID#', 'Search Terms', 'Search Options', and 'Actions'. The table contains one entry with ID# 'S1' and search terms 'diabetes'. The 'Actions' column for this entry has a red box around the 'Edit' button, with a yellow box containing the number '2' above it. Below the table are buttons for 'Print Search History', 'Retrieve Searches', 'Retrieve Alerts', 'Save Searches / Alerts', and 'Refresh Search Results'. The 'Refine Results' section on the left shows 'Current Search' with 'Boolean/Phrase: diabetes' and 'Expanders' for 'Apply equivalent subjects'. The search results section shows 'Search Results: 1 - 50 of 234,093' and a list of results. The first result is '1. Dissonance in the discourse of the duration of diabetes: A mixed methods study of patient perceptions and clinical practice.' with a red box around the title. Below the title is a snippet of the article and a 'Subjects' list: 'Diabetes Mellitus Therapy; Disease Duration; Glycemic Control; Truth Disclosure; Patient Attitudes Evaluation; Physicians, Family; Physician Attitudes Evaluation; Attitude to Illness Evaluation; Communication; Goals and Objectives; Adult: 19-44 years; Middle Aged: 45-64 years; Aged: 65+ years; Male; Female'. At the bottom, there are buttons for 'HTML Full Text' and 'PDF Full Text'.

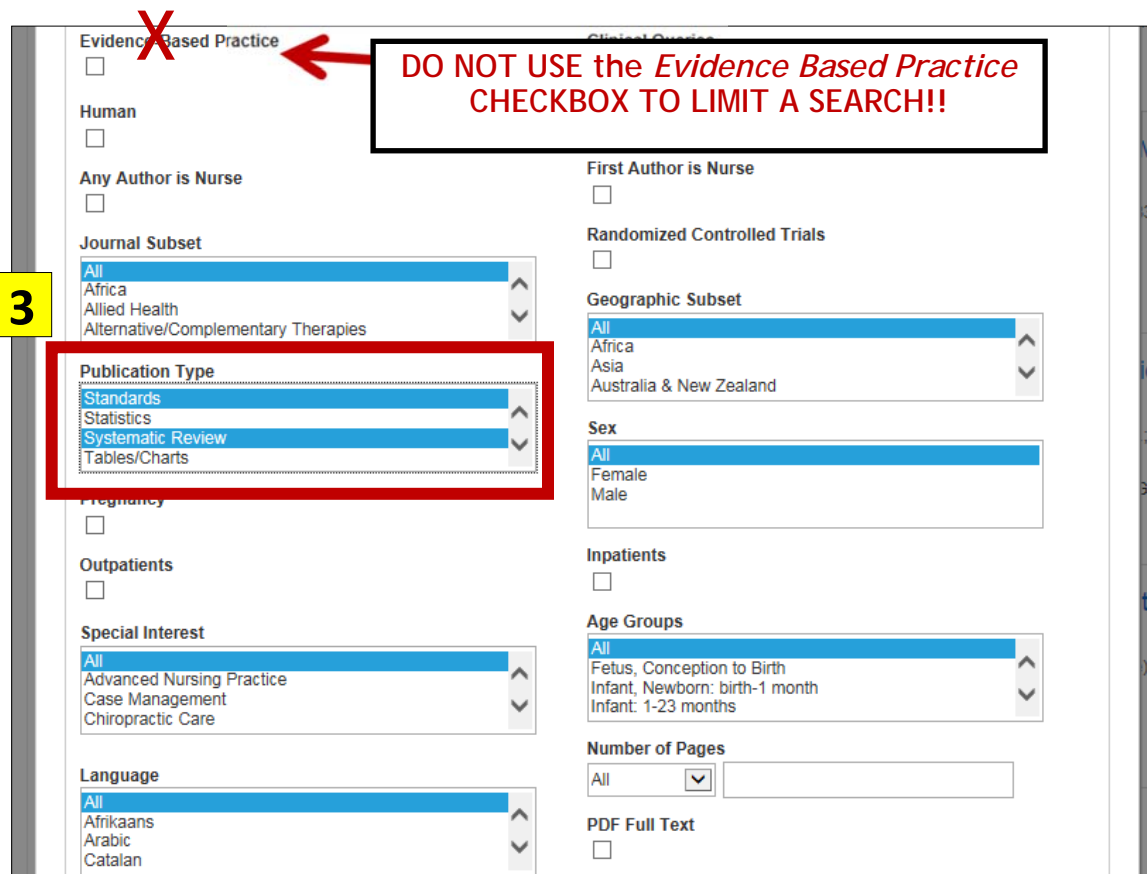
Step 3: Once the Search Limits menu has opened, scroll down to the section, **Publication Type**.
NOTE: This section may show in the right column depending on monitor settings.

Set limits by selecting evidence based publication types including:
(Hold down the Ctrl key as you click to select multiple publication types.)

- | | | | | |
|------------------|-----------------------|-------------------------------|-------------|---------------------|
| • Case Study | • Meta-Analysis | • Randomized Controlled Trial | • Review | • Systematic Review |
| • Clinical Trial | • Practice Guidelines | • Research | • Standards | |

If needed, a definition for each publication type is provided on the handout:

[Evidence Based Limits for CINAHL Publication Types](#)



DO NOT USE the Evidence Based Practice CHECKBOX TO LIMIT A SEARCH!!

3

Publication Type

- Standards
- Statistics
- Systematic Review
- Tables/Charts

If you need to limit your search to retrieve “nursing” articles:

- While the *Search Limits* menu is still open, locate the *Journal Subset* section.
- Scroll through the *Journal Subset* options and select *Nursing* (do not select Core Nursing).
You will still need to review the author’s credentials and/or confirm each article was published in a nursing journal!!
- After making selections, Click **SAVE** as demonstrated in Step 4.

**DO NOT USE checkboxes
First Author is a Nurse
or Any Author is a Nurse!!**

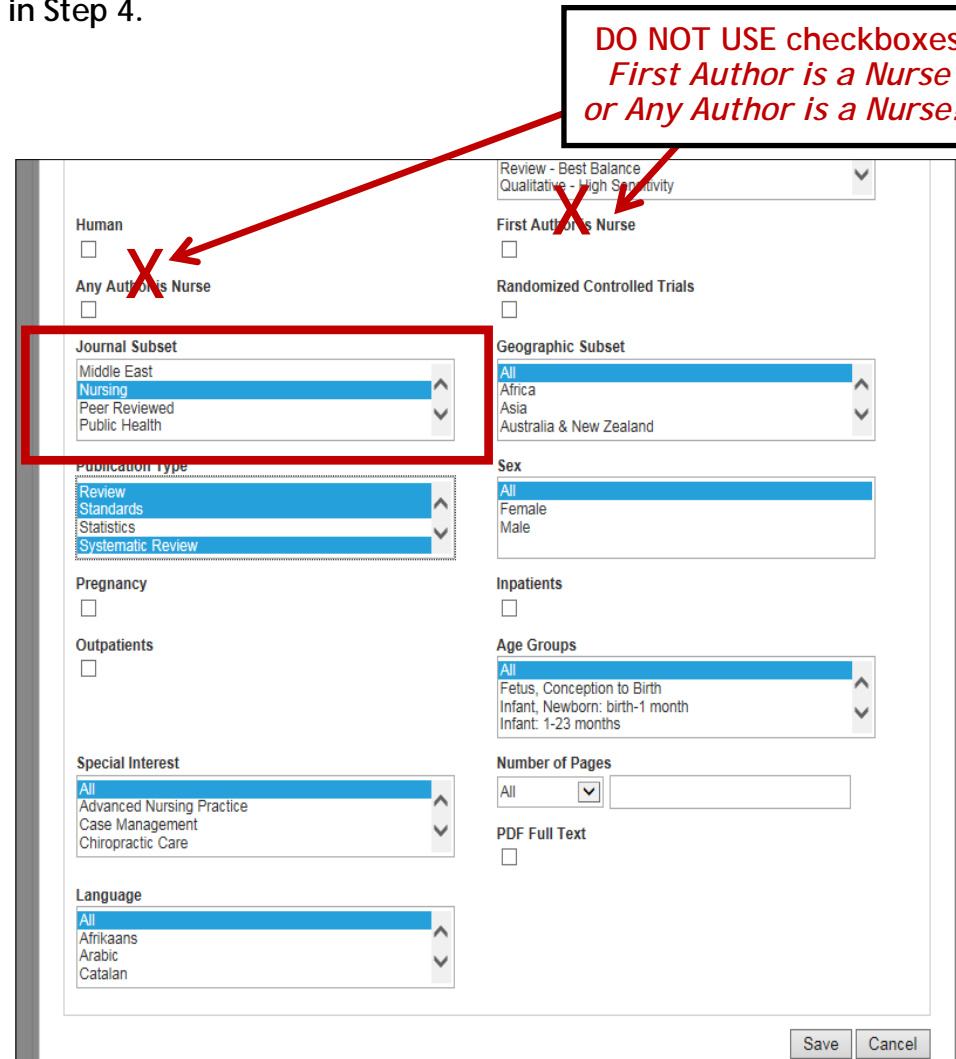
*Why limit to articles from
Nursing Journals?*

*Most articles published in nursing
journals are written by nurses.*

*Limiting to “Nursing Journals”
retrieves more results than
using the checkboxes*

*First Author is a Nurse
or
Any Author is a Nurse*

*This is due to how articles
are indexed.*

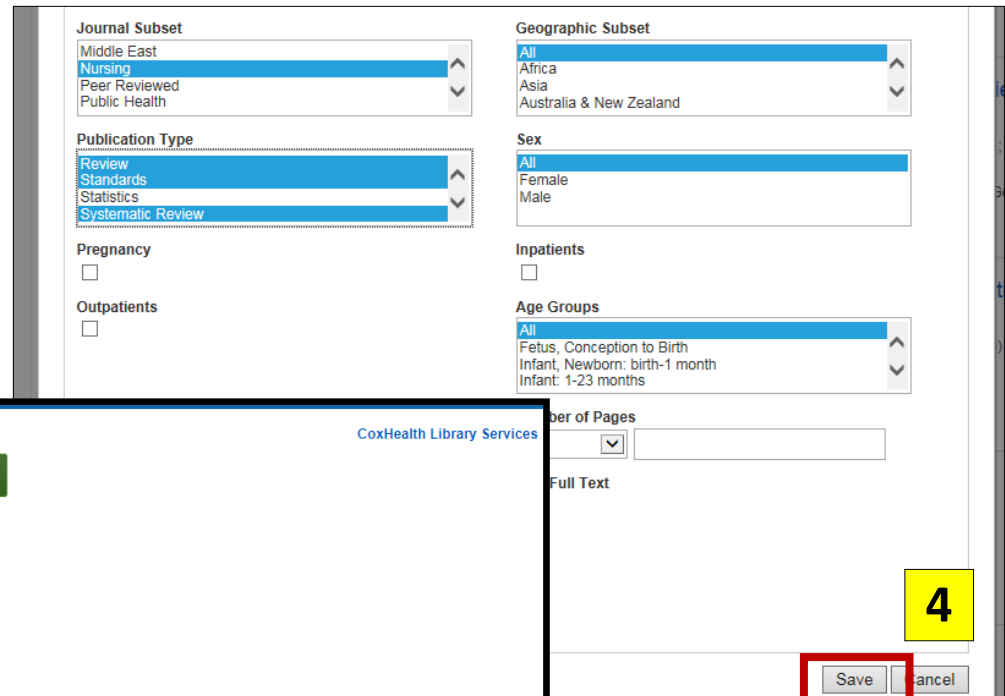


The screenshot shows a search filter interface with the following elements:

- Human:** (marked with a red X)
- Any Author is a Nurse:** (marked with a red X and a red arrow from the warning box)
- Journal Subset:** A dropdown menu with 'Nursing' selected (highlighted by a red box).
- Publication Type:** A dropdown menu with 'Review', 'Standards', 'Statistics', and 'Systematic Review' options.
- Pregnancy:**
- Outpatients:**
- Special Interest:** A dropdown menu with 'All', 'Advanced Nursing Practice', 'Case Management', and 'Chiropractic Care' options.
- Language:** A dropdown menu with 'All', 'Afrikaans', 'Arabic', and 'Catalan' options.
- Review - Best Balance / Qualitative - High Sensitivity:** A dropdown menu.
- First Author is a Nurse:** (marked with a red X)
- Randomized Controlled Trials:**
- Geographic Subset:** A dropdown menu with 'All', 'Africa', 'Asia', and 'Australia & New Zealand' options.
- Sex:** A dropdown menu with 'All', 'Female', and 'Male' options.
- Inpatients:**
- Age Groups:** A dropdown menu with 'All', 'Fetus, Conception to Birth', 'Infant, Newborn: birth-1 month', and 'Infant: 1-23 months' options.
- Number of Pages:** A dropdown menu with 'All' selected and an adjacent input field.
- PDF Full Text:**
- Buttons:** 'Save' and 'Cancel' buttons at the bottom right.

Step 4: After setting limits, click *Save*.

Step 5. You will return to the main search page.
Click *View Results*.



Journal Subset: Middle East, **Nursing**, Peer Reviewed, Public Health

Geographic Subset: **All**, Africa, Asia, Australia & New Zealand

Publication Type: **Review**, Standards, Statistics, **Systematic Review**

Pregnancy:

Outpatients:

Sex: **All**, Female, Male

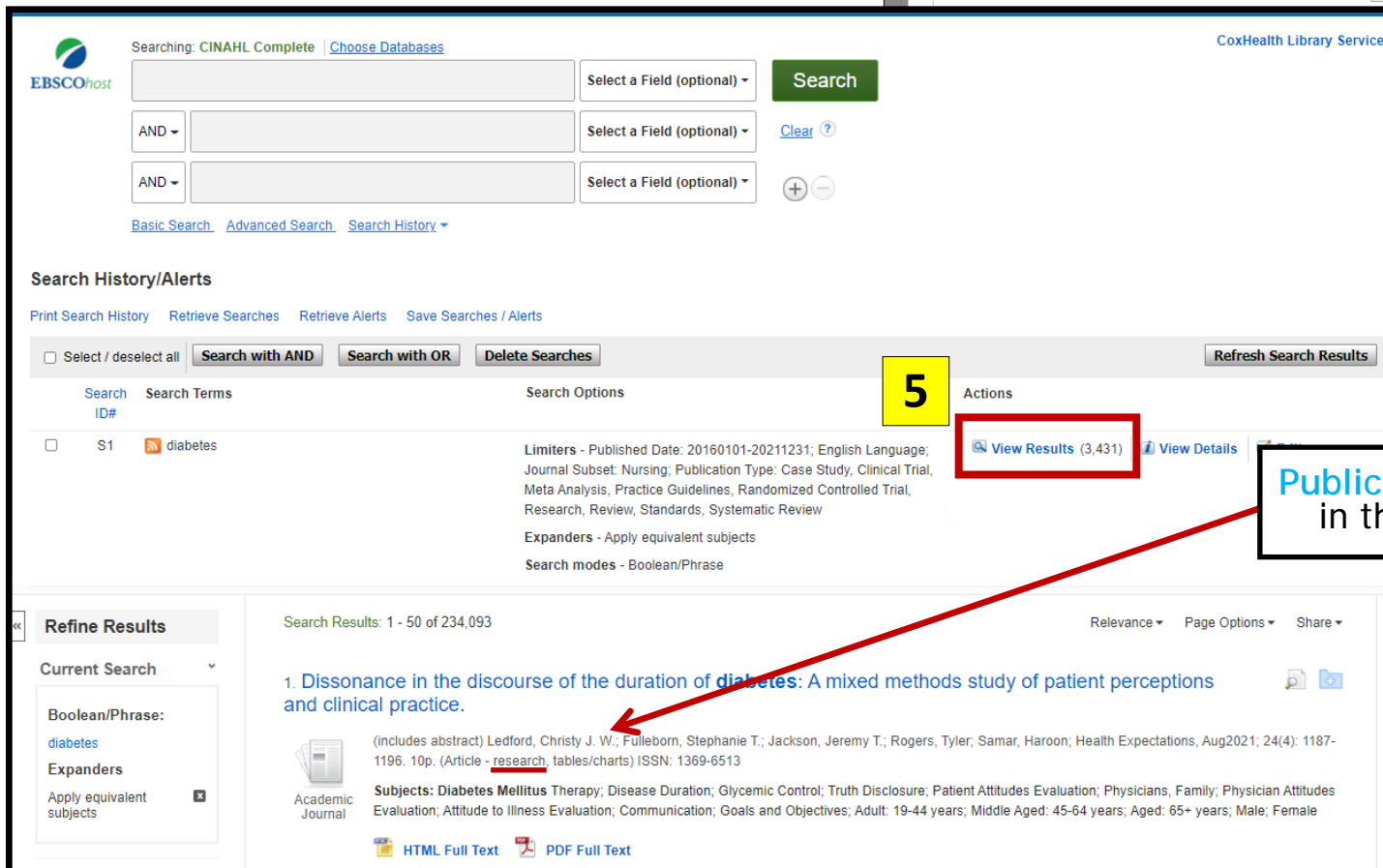
Inpatients:

Age Groups: **All**, Fetus, Conception to Birth, Infant, Newborn: birth-1 month, Infant: 1-23 months

Number of Pages: [dropdown]

Full Text: [checkbox]

4 Save Cancel



Searching: CINAHL Complete | Choose Databases

EBSCOhost

Select a Field (optional) Search

AND Select a Field (optional) Clear ?

AND Select a Field (optional) + -

Basic Search Advanced Search Search History

Search History/Alerts

Print Search History Retrieve Searches Retrieve Alerts Save Searches / Alerts

Select / deselect all Search with AND Search with OR Delete Searches Refresh Search Results

Search ID#	Search Terms	Search Options	Actions
S1	diabetes	Limiters - Published Date: 20160101-20211231; English Language; Journal Subset: Nursing; Publication Type: Case Study, Clinical Trial, Meta Analysis, Practice Guidelines, Randomized Controlled Trial, Research, Review, Standards, Systematic Review Expanders - Apply equivalent subjects Search modes - Boolean/Phrase	5 View Results (3,431) View Details

Publication types will be in bold in the record for the article.

Refine Results

Current Search: Boolean/Phrase: diabetes

Expanders: Apply equivalent subjects

Search Results: 1 - 50 of 234,093

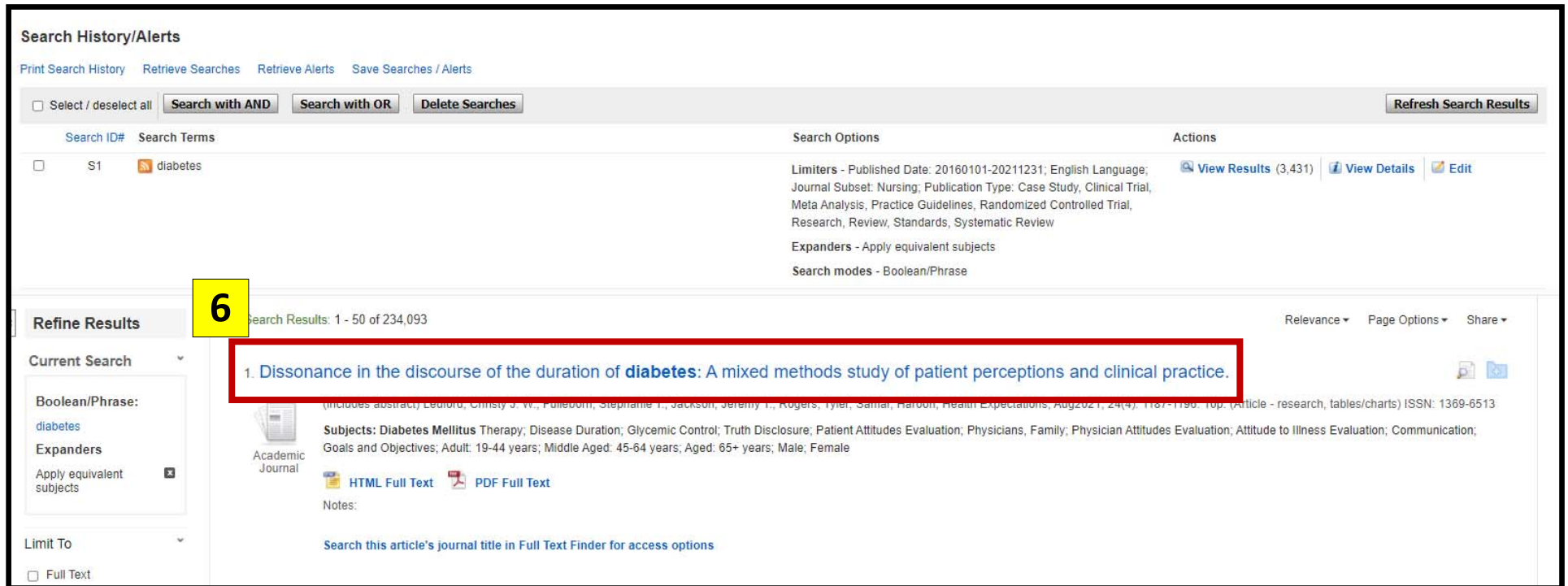
1. Dissonance in the discourse of the duration of **diabetes**: A mixed methods study of patient perceptions and clinical practice.

(includes abstract) Ledford, Christy J. W.; Fulleborn, Stephanie T.; Jackson, Jeremy T.; Rogers, Tyler; Samar, Haroon; Health Expectations, Aug2021; 24(4): 1187-1196. 10p. (Article - research, tables/charts) ISSN: 1369-6513

Subjects: **Diabetes Mellitus** Therapy; Disease Duration; Glycemic Control; Truth Disclosure; Patient Attitudes Evaluation; Physicians, Family; Physician Attitudes Evaluation; Attitude to Illness Evaluation; Communication; Goals and Objectives; Adult: 19-44 years; Middle Aged: 45-64 years; Aged: 65+ years; Male; Female

HTML Full Text PDF Full Text

Step 6: Click on the title of the article to review the complete record for this article.



The screenshot shows a search results interface. At the top, there are navigation links: "Print Search History", "Retrieve Searches", "Retrieve Alerts", and "Save Searches / Alerts". Below these are search filters: "Select / deselect all", "Search with AND", "Search with OR", and "Delete Searches". A "Refresh Search Results" button is on the right. The main search results table has columns for "Search ID#", "Search Terms", "Search Options", and "Actions". The first result is for "diabetes" with ID "S1". The search options include "Limiters" (Published Date: 20160101-20211231; English Language; Journal Subset: Nursing; Publication Type: Case Study, Clinical Trial, Meta Analysis, Practice Guidelines, Randomized Controlled Trial, Research, Review, Standards, Systematic Review), "Expanders" (Apply equivalent subjects), and "Search modes" (Boolean/Phrase). The "Actions" column for this result includes "View Results (3,431)", "View Details", and "Edit".

On the left, there is a "Refine Results" sidebar with a yellow box containing the number "6". The sidebar includes "Current Search" (diabetes), "Boolean/Phrase" (diabetes), "Expanders" (Apply equivalent subjects), and "Limit To" (Full Text).

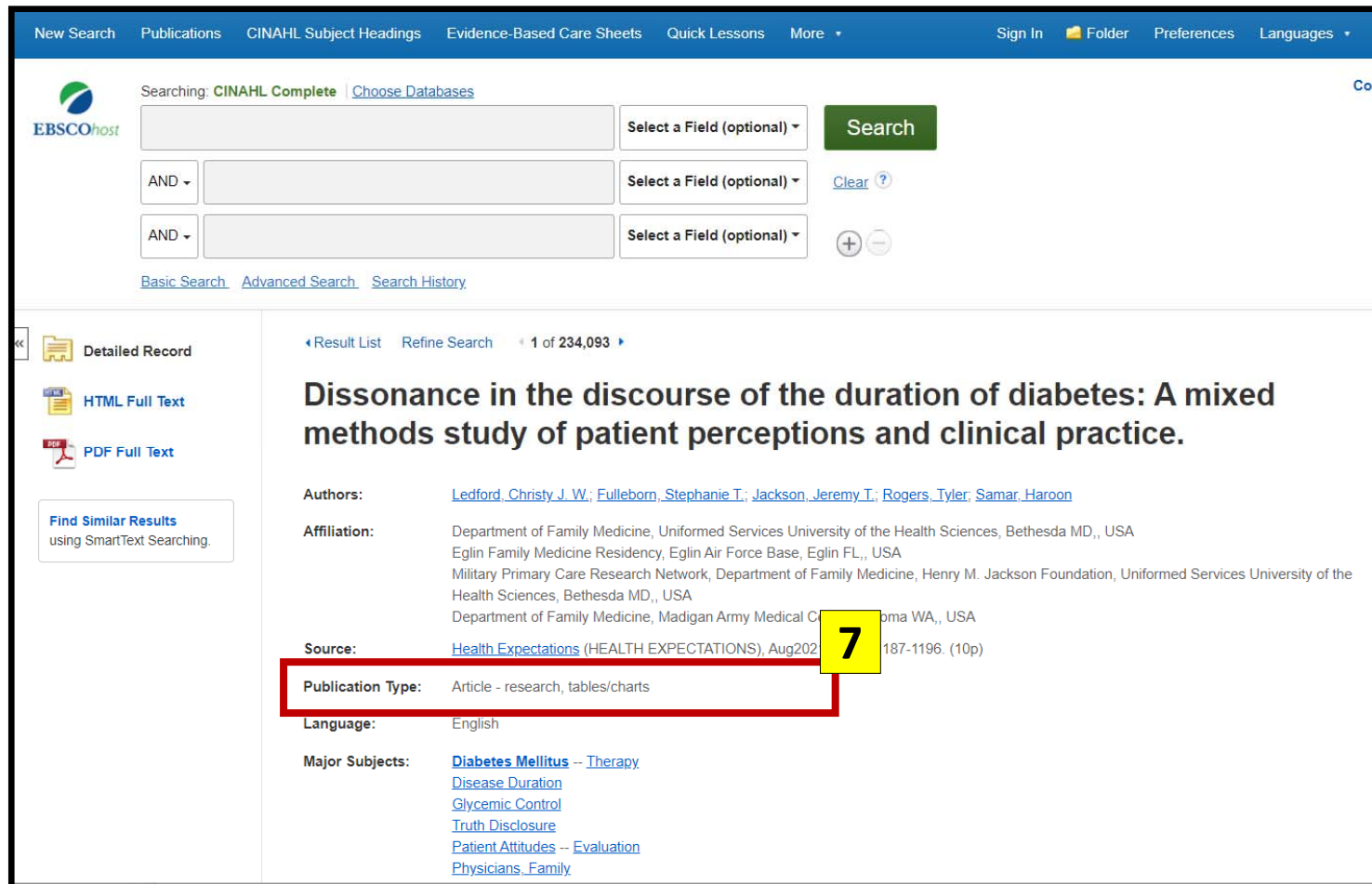
The search results list shows "Search Results: 1 - 50 of 234,093". The first result is highlighted with a red box and contains the following text:

1. [Dissonance in the discourse of the duration of diabetes: A mixed methods study of patient perceptions and clinical practice.](#)

Below the title, there is a small icon of a document and the text "Academic Journal". The subjects listed are: "Diabetes Mellitus Therapy; Disease Duration; Glycemic Control; Truth Disclosure; Patient Attitudes Evaluation; Physicians, Family; Physician Attitudes Evaluation; Attitude to Illness Evaluation; Communication; Goals and Objectives; Adult: 19-44 years; Middle Aged: 45-64 years; Aged: 65+ years; Male; Female". There are links for "HTML Full Text" and "PDF Full Text". A "Notes" section is also present. At the bottom of the result, there is a link: "Search this article's journal title in Full Text Finder for access options".

Step 7: Review the *Publication type* field in the complete record. The example shows this is a *Research* article.

Based on the definitions provided for Step #3, *Research* is an evidence based publication type and this article is most likely evidence based.



The screenshot shows a search interface with a navigation bar at the top containing links like 'New Search', 'Publications', and 'Sign In'. Below the navigation bar is a search area with a search bar and several dropdown menus for field selection. The main content area displays a 'Detailed Record' for an article. The article title is 'Dissonance in the discourse of the duration of diabetes: A mixed methods study of patient perceptions and clinical practice.' The authors listed are Ledford, Christy J. W.; Fulleborn, Stephanie T.; Jackson, Jeremy T.; Rogers, Tyler; and Samar, Haroon. The affiliation is the Department of Family Medicine, Uniformed Services University of the Health Sciences, Bethesda MD, USA. The source is 'Health Expectations (HEALTH EXPECTATIONS), Aug2022, 187-1196. (10p)'. The 'Publication Type' is 'Article - research, tables/charts', which is highlighted with a red box and a yellow '7' in a box. The language is 'English'. Major subjects include 'Diabetes Mellitus -- Therapy', 'Disease Duration', 'Glycemic Control', 'Truth Disclosure', 'Patient Attitudes -- Evaluation', and 'Physicians, Family'.